



Mihaela Poterasu (Epure)

● EXPERIENȚA PROFESIONALĂ

04/2018 – ÎN CURS – Bucuresti, România

MEDIC SPECIALIST ENDOCRINOLOG – SC Bio TerraMed SRL

10/2017 – 03/2019 – Bucuresti, România

ASISTENT UNIVERSITAR ENDOCRINOLOGIE/DIABET PE PERIOADA DETERMINATA – UMF Carol Davila

11/04/2017 – ÎN CURS

MEDIC SPECIALIST ENDOCRINOLOG

06/06/2017 – 15/10/2017

MEDIC SPECIALIST ENDOCRINOLOG – SC Medicover SRL

01/10/2014 – 31/12/2016

MEDIC REZIDENT ENDOCRINOLOGIE – SUU Elias

-ingrijire pacienti cu patologii endocrinologice, ecografie tiroida

Bucuresti, România

01/07/2013 – 07/07/2014

SUBINVESTIGATOR STUDIU CLINIC – A Feasibility Trial to Evaluate the Senseonic's Continuous Glucose Monitoring System

-coordonarea completa a vizitelor de studiu, culegerea datelor de la subiecti si raportarea eCRF. Scop studiu: dezvoltarea unui senzor subcutanat de monitorizare a glicemiei pentru pacientii cu diabet.

Bucuresti, România

01/01/2012 – 30/09/2014

MEDIC REZIDENT ENDOCRINOLOGIE – Institutul National de Endocrinologie "CI Parhon"

-ingrijire pacienti cu patologii endocrinologice (boli metabolice, osoase, osteoporoza)

România

● **EDUCAȚIE ȘI FORMARE PROFESIONALĂ**

01/10/2014 – ÎN CURS – Bucuresti, România

STUDENT DOCTORAND – UMF "Carol Davila"

Subiectul studiat: "Corelatii intre indicatorii balantei energetice si functia reproductiva la populatia feminina tanara"

Coordonator: Prof Dr Simona Fica, SUU Elias, Sectia Endocrinologie, Boli de Nutritie si Diabet

Nivelul 8 CEC

01/10/2005 – 30/09/2011 – Bucuresti, România

DOCTOR MEDIC – UMF "Carol Davila" Facultatea de Medicina

Nivelul 6 CEC

25/09/2009 – 11/06/2010 – Montpellier, Franța

EXTERN DCEM 3 – University of Montpellier, Faculty of Medicine

15/09/2001 – 15/06/2005 – Medgidia, România

BACALAUREAT – Liceul "Nicolae Balcescu"

Matematica- informatica

● **COMPETENȚE LINGVISTICE**

Limbă(i) maternă(e): **ROMÂNĂ**

	COMPREHENSIUNE		VORBIT		SCRIS
	Comprehensiune orală	Citit	Exprimare scrisă	Conversație	
ENGLEZĂ	B1	B1	B1	B1	B1
FRANCEZĂ	B1	B1	A2	A2	A2

Niveluri: A1 și A2 Utilizator de bază B1 și B2 Utilizator independent C1 și C2 Utilizator experimentat

● **REȚELE ȘI AFILIERI**

Afilieri

Societatea Romana de Endocrinologie
Societatea Europeana de Endocrinologie

● **COMPETENȚE ORGANIZATORICE**

Competențe organizatorice

Bune abilitati de organizare ca urmare a coordinarii activitatii din studiul clinic
Spirit de echipa

● **COMPETENȚE DE COMUNICARE ȘI INTERPERSONALE**

Competențe de comunicare și interpersonale

Abilitati de comunica castigate prin experienta clinica curenta
Adaptabilitate in circumstante interculturale castigate pe parcursul experientei de student Erasmus in Franta

● **COMPETENȚE DOBÂNDITE LA LOCUL DE MUNCĂ**

Competențe dobândite la locul de muncă

Ecografie tiroida

Interpretare DXA si imagistica endocrinologica

Nutritie pentru slabit, barbati, femei, lifestyle, educatie dietetica diabet

Buna integrare a aspectelor stiintifice in practica medicala curenta

● PREZENTARI ORALE SI POSTERE

Prezentari orale si postere

1. Iatrogenic Cushing syndrome and secondary adrenal insufficiency following prolonged use of betamethasone- a case report
Poterasu M, Popa MM, Sirbu A, Fica S
Prezentare orală, 8th Postgraduate Course on Endocrinology, 23-24 martie, Zagreb, Croatia
2. Osteoporoză de etiologie mixtă
Epure M
Școala de Iarnă de Osteoporoză, 19-20 februarie 2015, Cheile Gradistei
3. An underlying Cushing's disease in a man with severe obesity
Epure M, Gheorghe I, Nica C, Martin S, Sirbu A, Fica S
Comunicare orală, 15th ESE Postgraduate Training Course in Endocrinology, Diabetes and Metabolism, 27-30th Nov 2014, Cluj Napoca, Romania
4. Metabolic complications and their impact on fertile potential in a population of obese women
Epure (Poterasu) M, Sirbu A, Florea S, Smeu B, Fica S
Poster, The international Conference "From Science to Practice and Guidance", 1st edition, 19-21st Oct 2015, Bucharest
5. Linking infertility to obesity-a case report
Epure (Poterasu) M, Sirbu A, Fica S
Poster, The 4th Symposium of Adipobiology and Adipopharmacology, 27-31st Oct 2015, Bucharest
6. Treatment-resistant acromegaly in a young patient- case report.
Epure M, Nila A, Betivoiu M, Pascu IE, Martin S, Fica S
Poster, 15th ESE Postgraduate Training Course on Endocrinology, Diabetes and Metabolism, 27-30th Nov 2014, Cluj Napoca, Romania
7. LADA- aspecte diagnostice și terapeutice la o femeie de 73 de ani
Epure M, Ioacă S
Poster, Congresul National de Endocrinologie, Sep 2013, Timisoara, Romania.
8. Diabetul zaharat și incidenta AVC la pacienții spitalizați
Epure M, Dardari M, Ioacă S, Cretu V, Iancu L, Oprea A, Toader C, Reghina A, Panea C, Fica S.
Poster, The 40th Congress of The Romanian Society of Diabetes and Metabolic Diseases, May 2014, Sibiu, Romania
9. Vertebral Fractures in an oncological patient: severe Osteoporosis or Bone Metastasis"
Pascu EI, Epure M, Arhire AI, Betivoiu M, Nila A, Martin CS, Fica S.
10. The quest for the best solution in non-functioning pancreatic neuroendocrine tumors- a case report and review of the literature
Betivoiu M, Nila A, Epure M, Pascu IE, Martin CS, Fica S
11. Evaluating Male Infertility- the importance of a multidisciplinary approach in a case of a young man with idiopathic central diabetes insipidus
Nila A, Serbanescu C, Epure M, Pascu IE, Martin SC, Fica S
12. Hypophysitis- a rare and underestimated cause of pituitary failure
Nila A, Epure M, Betivoiu M, Pascu IE, Martin S, Fica S
15th ESE Postgraduate Training Course on Endocrinology, Diabetes and Metabolism, 27- 30th Nov 2014, Cluj Napoca, Romania
13. Cardiothyreosis in a young patient with uncontrolled Graves' disease and type I diabetes mellitus
Betivoiu M, Nila A, Epure M, Pascu IE, Martin S, Fica S
15th ESE Postgraduate Training Course on Endocrinology, Diabetes and Metabolism, 27- 30th Nov 2014, Cluj Napoca, Romania
14. Multiple Autoimmune Syndrome: Hashimoto's thyroiditis, rheumatoid arthritis, Sjögren's syndrome, autoimmune hemolytic anemia in a patient with chronic HCV
Pascu I, Nila A, Epure M, Betivoiu M, Martin S, Fica S
15th ESE Postgraduate Training Course on Endocrinology, Diabetes and Metabolism, 27-30th Nov 2014, Cluj Napoca, Romania
15. Long-term results of an implantable glucose sensor based on fluorescence
Ioacă S, Epure M, Birgau A, Calu V, Pîrvulețu R, Reghina A, Guja C, Bradescu O, Wang X, Fica S.
The 40th Congress of The Romanian Society of Diabetes and Metabolic Diseases, May 2014, Sibiu, Romania
16. Red cell distribution width impact on the prevalence of macrovascular complications in diabetic hospitalized patients
Oprea A, Iancu L, Ioacă S, Cretu V, Dardari M, Toader C, Epure M, Rotaru R, Martin S, Fica S.
The 40th Congress of The Romanian Society of Diabetes and Metabolic Diseases, May 2014, Sibiu, Romania
17. Diabetes and myocardial infarction in diabetic hospitalized patients
Toader C, Cretu V, Ioacă S, Dardari M, Iancu L, Epure M, Oprea A, Georgescu O, Popescu M, Fica S
The 40th Congress of The Romanian Society of Diabetes and Metabolic Diseases, May 2014, Sibiu, Romania

● BURSE

Burse

Sep 2014- prezent- Bursa de studii doctorale (UMF Carol Davila)
Iulie 2015- Dec 2015- Bursa POSDRU (Proiect "Cercetare doctorala de top cu finantare europeana TOP-DOC)
Sep 2009- Iunie 2010- Bursa Erasmus (Faculte de Medecine Montpellier 1)
Sep 2008- Iulie 2009- Bursa de studii
Sep 2006- Iulie 2007- Bursa de studii

● CURSURI SI CERTIFICARI

Cursuri si certificari

1st DSDnet Training School, 8-10 Jun 2015, Ghent, Belgium
Osteoporosis Winter School, from guidelines to clinical approach, 20-21st February 2015, Cheile Gradistei, Romania
15th ESE Postgraduate Training Course on Endocrinology, Diabetes and Metabolism, 27- 30th Nov 2014, Cluj Napoca, Romania
Secondary Hypertension Course, 2nd Oct 2014, Targu Mures, Romania
Introduction to the Clinical Drug Development Process- ICH Good Clinical Practice for Clinical Trial Sites- GCP Certificate, June 2014, online training
IOF/ISCD International Course on Osteoporosis: Essentials of Densitometry, Diagnosis and Management, 19-20th March, Bucharest, Romania

● CONFERINTE SI SEMINARII

Conferinte si seminarii

Congresul National al Societatii de Endocrinologie, editia 28, webinar, octombrie 2020
Congresul European de Endocrinologie, editia 22, e-ECE 2020, septembrie 2020
Conferinta Colegiului Medicilor din Bucuresti, editia VIII, webinar, iunie 2020
NTERDIAB- Conferinta Internationala Managementul Interdisciplinar al Diabetului Zaharat si Complicatiile Sale, Bucuresti, martie 2019
The 8th Postgraduate Course in Endocrinology, 23-24 martie, Zagreb, Croatia
The 4th International Symposium of Adipobiology and Adipopharmacology (ISAA), 28-31st Oct 2015, Bucharest
The International Congress "From Science to Practice and Guidance", 1st edition, 19-21st Oct 2015, Bucharest
The 22nd National Congress of the Romanian Society of Endocrinology, 3-4th Oct 2014, Targu Mures
The International Conference of Human Reproduction, 27th Sep 2014, Bucharest
The National Congress of the Romanian Society of Diabetes and Metabolic Diseases, 21-24th May 2014, Sibiu
"Prof. Dr. N.C. Paulescu" Symposium, 7th March, Bucharest
National Stroke Congress, 28- 30th September, Bucharest
The Clinical Endocrinologists Association's Congress, 7-9th September, Bucharest
ENSAT meeting joint with 18th RPNES Symposium, 7-9th June, Poiana Brasov
Current indications of growth hormone treatment. Synevo Laboratories, 23rd May, Bucharest
The 3rdHeart Rhythm Update, 11- 13th April, Bucharest

● PUBLICAȚII

Articole științifice

Poterasu M, Rowland D, Ciobanu C, Fica S. Anorexia nervosa and reproduction: connecting brain to gonads. J Mind Med Sci. 2020;7(1):1–8. <https://scholar.valpo.edu/jmms/vol7/iss1/2/>
Poterasu M, Ciobanu C, Leustean L, Fica S. Body composition and metabolic parameters comparison in young women with anorexia nervosa and constitutional thinness. 2020;124(2):238–46.
<https://www.revmedchir.ro/index.php/revmedchir/login?source=%2Findex.php%2Frevmedchir>
Popa, Miruna & Pascu, Raluca & Poterasu, Mihaela & Sirbu, Anca & Fica, Simona. (2019). Iatrogenic Cushing syndrome due to use of intranasal betamethasone - two case reports. Endocrine Abstracts. 10.1530/endoabs.63.P845