



## **Europass Curriculum Vitae**

### **Informatii Personale**

Nume/Prenume **Popescu Marius - Nicolae**

### **Experienta Profesionala Funcția Ocupata**

**Medic specialist - Recuperare, Medicina fizica si balneologie, Spitalul  
Universitar de Urgenta Elias, Bucuresti**

**Asistent universitar – Universitatea de Medicina si Farmacie "Carol  
Davila" Bucuresti**

### **Educatie si formare**

13.10.2020 – Doctor in Medicina, Universitatea de Medicina si Farmacie  
"Carol Davila" Bucuresti

01.01.2017 – prezent – Medic Specialist Recuperare, Medicina fizica si  
balneologie, Spitalul Universitar de Urgenta Elias, Bucuresti

01.10.2016 – prezent - Asistent Universitar – Universitatea de Medicina si  
Farmacie "Carol Davila" Bucuresti

01.01.2015 – 01.01.2017 - Medic rezident Recuperare, Medicina fizica si  
balneologie, Spitalul Universitar de Urgenta Elias, Bucuresti

01.01.2013 – 01.01.2015 – Medic rezident Recuperare, Medicina fizica si  
balneologie, Spitalul Clinic de Urgente "Bagdasar Arseni", Bucuresti

05.11.2014 – prezent – Presedinte al asociatiei neguvernamentale  
"Asociatia Varstnicii Nostri"

2006 - 2012 – Diploma de doctor-medic Medicina Generala, Universitatea  
de Medicina Generala Carol Davila, Bucuresti

2002 - 2006 – Diploma Bacalaureat, Colegiul National Mircea cel Batran, Constanta

## **Competente si formare profesionala**

1. Noiembrie 2017 – Competenta in ECHOGRAFIA APARATULUI LOCOMOTOR
2. Noiembrie 2017 - Competenta in MANAGEMENTUL SERVICIILOR DE SANATATE
3. 22 - 23 mai 2019 – Practical course. Intensive botulinum neurotoxin A training, University Eye Hospital Bonn
4. 16 - 19 ianuarie 2019 - TOXINS 2019 : Basic Science and Clinical Aspects of Botulinum and other Neurotoxins. Copenhagen, Denmark.
  - Ultrasound guidance for chemodenervation procedures: Hands-On workshop. Head and neck
  - Ultrasound guidance for lower limb chemodenervation procedures: Hands-On workshop
  - Ultrasound guidance upper limb chemodenervation procedures: Hands-On workshop
5. 15 - 17 martie 2018 – Administrare de toxina botulinica cu ghidaj ecografic in spasticitate si distonie cervicala, Covasna
6. 22 februarie 2018 - workshop - „Guided Botulinum Toxin Injection and Guided Self-Rehabilitation Contracts”, Spitalul Universitar de Urgenta Elias, Bucuresti
7. 24 - 25 Octombrie 2017 – Ultrasound Guidance for Toxinum Botulin injections: Hands-On Workshop and Xeomin treatment in Dystonia and Spasticity, Berlin
8. 14 - 16 Octombrie 2015 – Musculoskeletal Ultrasound Course, Bodrum, Turkey

## **Prezentari orale**

1. 1-3 octombrie 2020 – al 43-lea Congres National Anual de Reabilitare Medicala:
  - (i) STRATEGIILE DE REABILITARE ȘI EFICIENȚA ACESTORA ASUPRA SCHEMEI DE MERS A PACIENȚILOR CU HEMIPAREZĂ POST ACCIDENT VASCULAR CEREBRAL - REHABILITATION STRATEGIES AND THEIR EFFECTIVENESS ON GAIT IN PATIENTS WITH

HEMIPARETIS AFTER STROKE. Matei TEODORESCU (1), **Marius POPESCU** (1,2), Luminita DUMITRU (1,2), Horatiu DINU (1,2), Ruxandra BADEA (1), Mihai BERTEANU (1,2)

(ii) EFECTELE FARMACOTERAPIEI ȘI REABILITĂRII ASUPRA NEUROPLASTICITĂȚII ȘI RESTAURĂRII NEURALE POST ACCIDENT VASCULAR - CEREBRAL EFFECTS OF PHARMACOLOGICAL AND REHABILITATION INTERVENTIONS ON NEUROPLASTICITY AND NEURAL RESTORATION IN STROKE. Matei TEODORESCU (1), **Marius POPESCU** (1,2), Luminita DUMITRU (1,2), Horatiu DINU (1,2), Ruxandra BADEA (1), Mihai BERTEANU (1,2)

(iii) ABORDARE MULTIDISCIPLINARA LA PACIENT IMUNOCOMPETENT CU MIELITA CRIPTOCOCICA - MULTIDISCIPLINARY APPROACH TO AN IMMUNOCOMPETENT PATIENT WITH CRYPTOCOCCAL MYELITIS. Teodora-Maria IVANOV, Horatiu DINU, Luminita-Violeta DUMITRU, Iulia-Ruxandra BADEA, **Marius-Nicolae POPESCU**, Matei TEODORESCU, Mihai BERTEANU, Alice ATOMOAIE, Raluca-Andreea MOLDOVAN, AI HASSAN AL

2. 2 - 5 Octombrie 2019 – al 42 - lea Congres National Anual de Reabilitare Medicala:

(i) tDCS - STIMULAREA ELECTRICA DIRECTA TRANSCRANIANA IN REABILITAREA PACIENTILOR CU DEPRESIE SAU AFAZIE POST AVC. Edis MUSTAFA, **Marius POPESCU**, Matei TEODORESCU, Andreea MARIN, Mihai BERTEANU

(ii) SINDROMUL DE DECONDITIONARE DE LA LIMITARE LA INDEPENDENTA FUNCTIONALA – PREZENTARE DE CAZ. Matei TEODORESCU, **Marius POPESCU**, Edis MUSTAFA, Mihai BERTEANU

(iii) PERSPECTIVA ANALIZEI VITEZEI DE MERS CA FACTOR DE PREDICTIE AL MORTALITATII SI MORBIDITATII LA PACIENTII CU DIFERITE PATOLOGII. Matei TEODORESCU, **Marius POPESCU**, Luminita DUMITRU, Horatiu DINU, Ruxandra BADEA, Mihai BERTEANU

3. 6 - 7 mai 2019, Bucuresti - Advanced Rehabilitation Technologies. National Symposium with International Participation

(i) „Terapia cu oscilatii profunde - efecte și vizualizare ecografică” - **Marius-Nicolae Popescu**, Silvia Iacob

4. 13 - 15 July 2018 - ASNER SDV 2018 Eforie Nord - 9th Summer School of the Romanian Society of Electrodiagnostic

Neurophysiology.

- (i) Tratatamentul spasticitatii membrului superior cu toxina botulinica sub ghidaj ecografic – **Marius POPESCU** – prezentare orala. Workshop – Hands-On.

5. 24-27 Octombrie 2018 - al 41-lea Congres National Anual de Reabilitare Medicala:

- (i) ABORDAREA TRATAMENTULUI DE REABILITARE AL PACIENȚILOR CU TULBURARE DE MERS DATORATĂ GENULUI RECURVATUM  
Matei TEODORESCU, **Marius POPESCU**, Luminita DUMITRU, Horatiu DINU, Ruxandra BADEA, Mihai BERTEANU

- (ii) IMPORTANTA IMAGISTICII IN DUREREA LOMBARA LA PACIENTUL VARSTNIC  
Matei TEODORESCU, **Marius POPESCU**, Mihai BERTEANU, Edis MUSTAFA

6. Septembrie 2016 – al 39-lea Congres National Anual de Recuperare Medicala:

- (i) IMPLICATIILE TERAPIEI DE REABILITARE ASOCIATE IN MANAGEMENTUL PACIENTULUI CU SLA. **M.N. POPESCU**, S. SAVULESCU, E. MUSTAFA, M. TEODORESCU, G. CIOARA, C. POPESCU, I.S. POPESCU, H. DINU, L. DUMITRU, R. BADEA, Mihai BERTEANU

- (ii) TERAPIA CLASICA SI CEA PRIN PRESIUNE NEGATIVA LOCALA TIP VACUUM IN LEZIUNILE DE DECUBIT – PREZENTARE DE CAZ. Matei TEODORESCU, Ruxandra BADEA, Gabriela CIOARA, Edis MUSTAFA, **Marius POPESCU**, Luminita DUMITRU, Horatiu DINU, Mihai BERTEANU

- (iii) IMPLICATII IMAGISTICO-FUNCTIONALE ALE TERAPIEI CORTIZONICE LA PACIENT CU HIV. Edis MUSTAFA, **Marius POPESCU**, Matei TEODORESCU, Gabriela CIOARA, Simona SAVULESCU, Luminita DUMITRU, Horatiu DINU, Ruxandra BADEA, Mihai BERTEANU

7. 21-24 octombrie.2015-Herpes Zoster la o pacienta cu sindrom overlap, LES si scleroderomie - Prezentare de caz - Congresul National de Dermatologie editia 2015, Bucuresti

8. Septembrie 2015 - Administrarea in siguranta a medicamentelor din trusele de urgenta ale ambulanelor C2 si B2 - Prezentare orala - Conferinta Nationala de Medicina de Urgenta, Poiana Brasov)

## Articole publicate

9. Septembrie 2015 – Lactatemia - Monitorizarea evolutiei valorilor acidului lactic la pacientii deconditionati de cauza neurologica. (prezentare orala - Congres National Societatea Romana de Reabilitare Medicala, Sibiu)
  
1. Savulescu SE, Berteanu M, Filipescu I, Beiu C, Mihai MM, Popa LG, Popescu SI, Balescu I, Bacalbasa N, **Popescu MN**. Repetitive Peripheral Magnetic Stimulation (rPMS) in Subjects With Lumbar Radiculopathy: An Electromyography-guided Prospective, Randomized Study. In Vivo. 2021 Jan-Feb;35(1):623-627.  
Link catre publicatie:  
<http://iv.iijournals.org/content/35/1/623>
  
2. Thompson DC, Barbu MG, Beiu C, Popa LG, Mihai MM, Berteanu M, **Popescu MN**. The Impact of COVID-19 Pandemic on Long-Term Care Facilities Worldwide: An Overview on International Issues. Biomed Res Int. 2020:8870249.  
Link catre publicatie:  
<https://www.hindawi.com/journals/bmri/2020/8870249/>
  
3. Barbu MG, Thompson DC, **Popescu MN**, Beiu C, Mihai MM, Enachescu CI. A Romanian Survey On the Impact of Sars-Cov-2 Pandemic On Dystonia Patients. Rom J Leg Med 2020; 28(2): 208-211  
Link catre publicatie:  
<http://www.rjlm.ro/index.php/arhiv/803>
  
4. **Popescu MN**, Petca RC, Beiu C, Dumitrascu MC, Petca A, Mehedintu C, Farcasanu PD, Sandru F. Efficiency of Different Preparations of Botulinum Toxin Type A, Xeomin and Dysport, in the Management of Spastic Upper Limb After Stroke. Rev.Chim. 2019;70(10):3490-3494.  
Link catre publicatie:  
<https://www.revistadechimie.ro/pdf/9%20POPESCU%20MARIUS%2010%2019.pdf>
  
5. Beiu, C., **Popescu, M.**, Dumitrascu, M.C., Petca, A., MehedinȚu, C., Farcasanu, P.D., Petca, R., Chibelea, C., Șandru, F. (2019). 'The Evaluation of Estrogen Receptor  $\beta$  as a Potential Prognosis Factor in Melanoma', Revista de Chimie, 70(12), pp. 4212-4216.  
Link catre publicatie:  
<https://www.revistadechimie.ro/pdf/14%20BEIU%20C%2012%2019.pdf>
  
6. Beiu C, Mihai M, Popa L, Cima L, **Popescu MN**. Frequent Hand Washing for COVID-19 Prevention Can Cause Hand Dermatitis: Management Tips. Cureus 2020.12(4): e7506. doi:10.7759/cureus.7506  
Link catre publicatie:  
<https://www.cureus.com/articles/29917-frequent-hand-washing-for-covid-19-prevention-can-cause-hand-dermatitis-management-tips>

7. Stoica C, Giurcăneanu C, Popa LG, Popa M, Khadiri H, Beiu C, **Popescu M**, Mihai MM. Measures of melanoma prevention and early diagnosis for the family physician. Rev Rom Med Fam 2020; 3(3): 4-8.  
Link catre publicatie: <https://revmedfam.ro/anhiva/>
8. Beiu C, Ceausu E, Popa MI, Mihai MM, Popa LG, **Popescu MN**, Giurcaneanu C. Cutaneous involvement in COVID-19 patients. Ro J Infect Dis. 2020;23(3): 179-182.  
Link catre publicatie: [https://rjid.com.ro/articles/2020.3/RJID\\_2020\\_3\\_EN\\_Art-01.pdf](https://rjid.com.ro/articles/2020.3/RJID_2020_3_EN_Art-01.pdf)
9. Mustafa E, **Popescu MN**, Teodorescu M, Berteanu M. How can transcranial direct current stimulation in uence sports exercises for normal or high-level practitioners. Health, Sports & Rehabilitation Medicine 2020. 21(3): 167–173  
Link catre publicatie: <http://jhsrm.org/magazine/007/08-mustafa167-173.pdf>
10. Avram, Rodica Lucia; Nechita, Alexandru Cristian; Popescu, Marius Nicolae; Teodorescu, Matei; Ghilencea, Liviu Nicolae; Diana Turcu; Mihai Berteanu. EFFECTS OF NEUROMUSCULAR ELECTRICAL STIMULATION IN PATIENTS WITH ACUTE HEART FAILURE – RESULTS OF A SINGLE-CENTER RANDOMIZED TRIAL, Journal of Science and Arts Year 20, No. 2(51), pp. 491-500, 2020  
Link catre publicatie: [http://www.josa.ro/docs/josa\\_2020\\_2/c\\_01\\_Avram\\_491-500\\_10p.pdf](http://www.josa.ro/docs/josa_2020_2/c_01_Avram_491-500_10p.pdf)
11. Beiu C, Mihai MM, **Popescu MN**, Popa LG, Martin CS, Fica S, Giurcăneanu C. Adult female acne. Hormonal concepts and diagnosis. Dermatovenerol. (Buc.) 2019;64(3):187-196  
Link catre publicatie: [https://www.revistasrd.ro/includes/files/articles/07\\_EN\\_acneea\\_la\\_femeia\\_adulta\\_concepte\\_hormonale\\_si\\_diagnostic\\_en\\_377.pdf](https://www.revistasrd.ro/includes/files/articles/07_EN_acneea_la_femeia_adulta_concepte_hormonale_si_diagnostic_en_377.pdf)
12. Matei Teodorescu, **Marius-Nicolae Popescu**, Luminița Dumitru, Mihai Berteanu. Approach to rehabilitation treatment of gait disorders in patients with genu recurvatum. Health, Sports & Rehabilitation Medicine Vol. 20, no. 2, April-June 2019, 79–84  
Link catre publicatie: <https://jhsrm.org/health-sports-rehabilitation-medicine-vol-20-no-2-april-june-2019/approach-to-rehabilitation-treatment-of-gait-disorders-in-patients-with-genu-recurvatum/>
13. **Marius-Nicolae Popescu**, Luminița Dumitru, Matei Teodorescu, Alina Iliescu, Mihai Berteanu. Safety of ultrasound-guided botulinum toxin type A injections for patients with anticoagulant and antiplatelet background medication. Health, Sports & Rehabilitation Medicine Vol. 20, no. 2, April-June 2019, 66–69  
Link catre publicatie:

<http://jhsrm.org/magazine/002/07%20%20popescu%20%20%20%2066-69.pdf>

14. **Popescu Marius Nicolae**, Popescu Stella Ioana, Cernat Corina Cristina, Boariu Ana Maria, Călin Edward, Vieru Ana, Mușat Ovidiu. Injecting botulinum toxin into the treatment of blepharospasm. Romanian Journal of Ophthalmology, Volume 62, Issue 2, April-June 2018. pp:162-165

Link catre publicatie:

<https://www.ncbi.nlm.nih.gov/pmc/articles/PMC6117523/>

15. **Marius-Nicolae Popescu**, Simona Săvulescu, Luminița Dumitru, Horațiu Dinu, Matei Teodorescu, Edis Mustafa, Mihai Berteanu. Effects of botulinum toxin type A on spasticity and hand function. Palestrica of the third millennium – Civilization and Sport Vol. 19, no. 2, April-June 2018, 86–91

Link catre publicatie:

<http://pm3.ro/pdf/72/06%20-%20popescu%20%20%20%202086-91.pdf>

## Postere

1. RL. Avram, C. Delcea, AC. Nechita, **MN. Popescu**, M. Teodorescu, E. Lechea, D. Turcu, LN. Ghilencea, M. Berteanu. Functional capacity in patients with coronary artery disease. ESC Preventive Cardiology Congress 2020, **e-poster**.

Link catre publicatie:

<https://journals.sagepub.com/doi/full/10.1177/2047487320935268>

## Competente Personale

Limba Materna

Romana

Alte limbi straine cunoscute

Engleza  
Franceza  
Spaniola

Competente de comunicare si organizational

Spirit de echipa: am dobandit experienta muncii in echipa inca din facultate, cand am participat la numoarea activitati in cadrul proiectelor practice si de cercetare derulate in cadrul facultatii.

Dupa absolvirea facultatii, in timpul rezidentiatului, am continuat sa consolidez aceasta experienta infiintand o asociatie neguvernamentala in care am reusit sa atrag cadre medicale calificate: medici, asistente, infirmiere

Competente Informatice

Microsoft Office Word, Excel, PowerPoint

Permis de conducere

Categoria B