



**Curriculum vitae  
Europass**



**Personal informations**

Name / Surname **ILINCA MIHAILESCU**  
Address 26 Fainari Street, Sector 2, Bucharest, 021225, Romania  
Phone 0040726778518  
E-mail ilinca\_mihailescu@yahoo.com  
Nationality(-ies) Romanian  
Birth Date 23.07.1988  
Gender Female

**WORK EXPERIENCE**

Period **January 2017 - present**  
Occupation or position held Child and Adolescent Psychiatrist  
Name and address of employer "Prof. Dr. Alexandru Obregia" Psychiatry Hospital,  
10-12 Berceni Street, District 4, Bucharest, Romania  
Main activities and responsibilities Diagnosing mental illness and emotional problems in children and adolescents, developing treatment plans, which may include hospitalization, medication and psychotherapy (inpatient unit)

Period **May 2017 - present**  
Occupation or position held Child and Adolescent Psychiatrist (part-time)  
Name and address of employer HOPE Clinic,  
21 Graului Street, District 4, Bucharest, Romania  
Main activities and responsibilities Outpatient psychiatric services for children and adolescents as part of a multidisciplinary team with psychologists, psychotherapists and speech therapist.

Period **January 2013 – December 2016**  
Occupation or position held Child and Adolescent Psychiatry Trainee  
Name and address of employer "Prof. Dr. Alexandru Obregia" Psychiatry Hospital,  
10-12 Berceni Street, District 4, Bucharest, Romania  
Main activities and responsibilities Child and adolescent psychiatry (24 months), Child and adolescent psychiatry and psychotherapy (5 months and 2 weeks), Paediatrics (3 months), Paediatric neurology and EEG (3 months), Adult Psychiatry (6 months), Community psychiatry (2 months), Emergency psychiatry (2 months), Liaison Psychiatry (1 months), Forensic psychiatry (1 month), Health management (1 month), Bioethics (2 weeks).

**EDUCATION AND TRAINING**

Period **January 2015 – February 2017**  
Qualification / diploma Family therapist

Name and type of education institution / training provider  
 Level in national/international classification

Multicultural Association of Psychology and Psychotherapy

Post-university

Period

**January 2013 – December 2016**

Qualification / diploma

Specialist Doctor in Child and Adolescent Psychiatry

Name and type of education institution / training provider

Ministry of Health

Level in national/international classification

Post-university

Period

**January 2014 – January 2015**

Qualification / diploma

Master Psychopharmacology Program

Name and type of education institution / training provider

Neuroscience Education Institute

Level in national/international classification

Post-university

Period

**October 2012 - present**

Qualification / diploma

PhD student in Psychiatry

Name and type of education institution / training provider

“Carol Davila” University of Medicine and Pharmacy, Bucharest, Romania

Level in national/international classification

Post-university

Period

**September 2006 - July 2012**

Qualification / diploma

Medical Doctor (MD)

Name and type of education institution / training provider

Faculty of Medicine,  
 Carol Davila University of Medicine and Pharmacy, Bucharest, Romania

Level in national/international classification

University

**PERSONAL SKILLS AND COMPETENCES**

**Native language**

Romanian

**Other languages**

English

UNDERSTANDING		SPEAKING		WRITING
Listening	Reading	Spoken interaction	Spoken production	
B2	B2	B2	B2	B2

Levels: A1/A2: Basic user - B1/B2: Independent user - C1/C2 Proficient user  
[Common European Framework of Reference for Languages](#)

Digital competences

Statistical software (SPSS, EpiInfo), Microsoft Office

Driving licence

B

Other skills

excellent communication skills  
 critical thinker with effective researching skills  
 flexible team player  
 leadership skills developed through work experience

**Publications  
(in extenso)**

- Mihailescu I**, Frunza AA, Andrei EL, Rad F, Dobrescu I, Manea M. A review of performance-based executive function tasks in adults with autism and normal intelligence. *Romanian Journal of Psychiatry*, 1, 19-26, 2018, e-ISSN: 2068-7176, <http://www.romjpsychiat.ro/>
- Rad F, Buica A, **Mihailescu I**, Anghel C, Dobrescu I. (2017) ADHD din perspectivă multidisciplinară. *Psihiatru.ro*. 2017; 48 (1):26-29.
- Anghel CG, Kobylinska L, Michire A, Vasilescu AN, Nedelcu CM, **Mihailescu I**, Tudosie, V, Militaru M, Rad F, Dobrescu I. Patterns of emotions identification in parents of children with autism spectrum disorders. *Romanian Journal of Child and Adolescent Neurology and Psychiatry*. 2017; 23(2):25-28. ISSN 2068-8040.
- Mihailescu I**, Rad F, Anghel CG, Paraipan C, Andrei LE, Kobylinska L, Matei ID, Matei MB, Dobrescu I. Trends in child and adolescent psychiatric diagnoses in a romanian inpatient unit between 1990 and 2014. *Romanian Journal of Psychiatry*. 2016; vol XVIII (4):165-171, p-ISSN: 1454-7848
- Mateescu L, **Mihailescu I**, Frunza AA., Coman M, Rad F, Anghel CG, Dobrescu I, Manea M. Assessment tools for autism spectrum disorders in adults patients. *Analele Universității "Dunărea De Jos" din Galați, Fascicula XVII, Medicină*. 2015;1:179-186. ISSN-L: 1583 – 2074
- Frunza AA, Andrei IA, Patrichi B, P MG, **Mihailescu I**, Manea M. Subjective Sleep Quality in Patients with Major Depressive Disorder. *Analele Universitatii „Dunarea de jos” din Galati, Fascicula XVII, Medicina*. 2015; 1:85-92.
- Mihailescu I**. Adult ADHD – diagnostic assessment and treatment (*Book review*), Edited by J.J. Sandra Kooij. *Romanian Journal of Child and Adolescent Psychiatry*. 2014;2(1). ISSN (online): 2360-1868
- Mihailescu I**, Kobylinska L, Rad F, Anghel CG, Trutescu C, Petrescu C, Dobrescu I. Asperger Syndrome: Convergence with other Psychiatric Disorders. *Romanian Journal of Psychiatry*. 2013; 3:99-103. e-ISSN: 2068-7176
- Rad F, **Mihailescu I**, Tocaci G, Buica A, Dobrescu I. Hyper-systemizing theory in parents of children with autistic spectrum disorder. *Romanian Journal of Psychiatry*. 2014; 2:61-66. e-ISSN: 2068-7176
- Rad F, **Mihailescu I**, Tocaci G, Dobrescu I. Risk factors associated with autism spectrum disorder. *Analele Universității "Dunărea De Jos" din Galați, Fascicula XVII, Medicină*. 2014;1:69-76. ISSN-L: 1583 – 2074
- Paraipan C, **Mihailescu I**, Rad F, Dobrescu I. Changes of sleep patterns in children with autism spectrum disorder – comparative study with a general paediatric population. *Romanian Journal of Child and Adolescent Psychiatry*. 2014; 2(2). ISSN (online): 2360-1868
- Mihailescu I**, Kobylinska L, Trutescu C, Nedelcu MC, Rad F, Dobrescu I. One-Year Applied Behavioural Analysis Intervention in Children with Autistic and Adhd Traits. *Romanian Journal of Child and Adolescent Psychiatry*. 2013; 1(2):9-15. ISSN (print): 2360-185X
- Mihailescu I**. Summary of Changes and Novelties in DSM-V. *Romanian Journal of Child and Adolescent Psychiatry*. 2013; 1(2):9-15. ISSN (online): 2360-1868
- Trutescu C, Petrescu-Ghenea C, Rad F, Anghel CG, **Mihailescu I**, Nedescu L, Dobrescu I. Are adolescents with Asperger Syndrome more likely to be involved in criminal activities?. *Romanian Journal of Psychiatry*. 2013; 3:92-94. e-ISSN: 2068-7176
- Rad F, **Mihailescu I**, Dobrescu I. Autism Spectrum Disorder as a Result of Assortative Mating. *Romanian Journal of Child and Adolescent Psychiatry*. 2013; 1(1). ISSN (online): 2360-1868
- Kobylinska L, **Mihailescu I**, Anghel C, Dobrescu I. The Effects Of Oxytocin Administration in Children with Autistic Spectrum Disorders. *Romanian Journal of Child and Adolescent Psychiatry*. 2013; 1(1). ISSN (online): 2360-1868

**Presentations  
(Oral communications/  
Poster presentations)**

- Petrescu-Ghenea C, Trutescu C, **Mihailescu I**, Kobylinska L, Rad F. Arousal modulation in ADHD - Case Report. . *Romanian Journal of Child and Adolescent Psychiatry*. 2013; 1(1) ISSN (online): 2360-1868
- The 9<sup>th</sup> National Conference of Child and Adolescent Psychiatry. 19-20 October 2012, Bucharest Romania.  
Mihailescu I, Rad F, Dobrescu I. *The utility of diagnostic tools in the assessment of ASD-ADHD comorbidity*. (Author – Oral Communication)
- The National Symposium on Sleep Disorders in Child and Adolescents. 4-6 April 2013, Sinaia, Romania.  
Mihailescu I, Anghel CG, Rad F, Dobrescu I. *The pattern of sleep disorders in patients with Autism Spectrum Disorders and ADHD*. (Author – Oral Communication).  
<http://tulburaridesomn2013.ro/content.php?general>
- WPA 2013 Bucharest Congress. 10-13 April 2013, Bucharest Romania.  
Dobrescu I, Rad F, Trutescu C, Petrescu C, Anghel C, Mihailescu I. *Scores on ADHD Self Report Scale in Parents of Children with ADHD*. (Co-author – Poster Presentation; Best Poster Award)  
Dobrescu I, Rad F, Trutescu C, Petrescu C, Anghel C, Mihailescu I. *Asperger disorder or schizoid personality disorder in adolescents?* (Co-author – Poster presentation)  
<http://www.wpa2013bucharest.org/>
- The 19<sup>th</sup> Symposium of the Romanian Society of Psychoneuroendocrinology. 30 May – 1 June 2013, Sibiu, Romania  
Dobrescu I, Petrescu-Ghenea C, Mihailescu I, Rad F, Anghel C, Trutescu C.. *Endocrine and metabolic side effects of second generation antipsychotic drugs on teenagers*. (Co-author – Oral Communication)  
[http://www.rpnes.ro/site/images/simpo\\_rpnes/2013-program-A5-RPNES-bilingv-final%203.pdf](http://www.rpnes.ro/site/images/simpo_rpnes/2013-program-A5-RPNES-bilingv-final%203.pdf)
- 15<sup>th</sup> International Congress of ESCAP. 6-10 July 2013. Dublin, Ireland  
Mihailescu I, Rad F, Dobrescu I. *The overlap between Autism Spectrum Disorders and ADHD-assessment of diagnostic tools*. (Co-author – Poster presentation)  
<http://www.irishpsychiatry.ie/ESCAP%202013%20Official%20Programme%20July.pdf>
- The 4<sup>th</sup> Congress of Child and Adolescent Psychiatry and the 10<sup>th</sup> National Conference of Child and Adolescent Mental Health. 4-7 September 2013, Bucharest, Romania.  
Mihailescu I. *Sleep profile in Attention Deficit Hyperactivity Disorder and Autism Spectrum Disorders*. (Author – Oral communication)  
Mateescu L, Mihailescu I. *Ups and downs in the structuring process of the Romanian Child and Adolescent Mental Health Network* (Author – Oral communication)  
<http://www.congrespsihiatricopii.ro/2013/info.php?scientific&lang=ro>
- The 11<sup>th</sup> National Congress of Paediatrics. 25-28 September 2013, Targul Mures, Romania.  
Dobrescu I, Mateescu L, Rad F, Anghel C, Mihailescu I. *The prognosis of Autism Spectrum Disorders in relation to early identification*. (Co-author – Oral communication)  
<http://www.congrespediatrie2013.ro/program.php?&lang=ro>
- The 1<sup>st</sup> National Conference of the Romanian Society of Paediatric Neurology. 22-23 November 2013, Bucharest, Romania.  
Dobrescu I, Rad F, Anghel C, Mihailescu I, Petrescu-Ghenea C, Trutescu C. *Structural changes in areas related to mental and neurological symptoms*. (Co-author – Oral communication)  
Rad F, Trutescu C, Petrescu-Ghenea C, Mihailescu I, Kobylinska L, Dobrescu I. *Arousal in psychiatric pathology - to what extent we can use this notion in explaining etiopathogenic processes and finding new therapeutic solutions?* (Co-author – poster presentation)  
<http://mail.rotravelpus.eu/neurologiepediatrica/program.php?&lang=ro>
- The 16<sup>th</sup> European Congress of Endocrinology. 3-7 May 2014, Wroclaw, Poland  
Dobrescu I, Trutescu C, Kobylinska L, Rad F, Petrescu-Ghenea C, Anghel CG, Mihailescu I. *Prolactinemia and clinical outcome following second generation antipsychotics in early onset schizophrenia* (Co-author – Oral communication)  
<http://www.endocrine-abstracts.org/ea/0035/ea0035p733.htm>

The Second World Congress on Resilience: from person to society. 8-10 May, Timisoara, Romania

Rad F, Anghel C, Mihailescu I, Tocaci G, Simion A, Grosu I, Dobrescu I. *Quality of Life in Children of Parents with a Chronic Illness*. (Coauthor – Oral communication)  
<http://www.congress.resilience.uvt.ro/congres/pre-program/ro/index.html>

The 5th National Congress of Neuroendocrinology. 4-6 June 2014, Bucharest, Romania.

Mihailescu I, Rad F, Mateescu L, Anghel C, Kobylinska L, Petrescu Ghenea C, Dobrescu I. Premenstrual Psychosis in adolescence: clinical picture, course and therapeutic options. *Psihoza premenstruala în adolescența: tablou clinic, evoluție și opțiuni terapeutice*. (Author – Oral communication)  
<http://rpnes2014.medical-congresses.ro/>

The 2<sup>nd</sup> Conference of Pediatric Somnology. 12-15 June 2014, Sinaia, Romania.

Anghel C, Rad F, Mihailescu I, Kobylinska L, Dobrescu I. Sleep difficulties related to child and adolescent psychiatric disorders. (Co-author – Oral Communication)  
<http://www.rotravelplus.eu/somnologiepediatria/index.php?page=home>

AMRPR National Conference, 3-5 September 2014, Bucharest

Kobylinska L, Petrescu-Ghenea C, Mihailescu I, Birdir A. *ADHD - O patologie de tranlație*. (Co-author – Oral Communication)  
<http://congres2014.amrpr.ro/ro/program-stiintific-congres>

XVI World Congress of Psychiatry. Madrid 2014

I. Mihailescu, L. Mateescu, C.G. Anghel, F. Rad, E. Iliescu, M. Coman, L. Kobylinska, C. Petrescu-Ghenea, I. Dobrescu. *Family functioning profile in neurodevelopmental disorder*. (Author – Poster presentation)

F. Rad, I. Mihailescu, C.G. Anghel, G. Tocaci, I. Dobrescu. *Quality of life in children with mental illness parents*. (Co-author – Poster presentation)  
<http://www.wpamadrid2014.com/>

The XI National Conference of Child and Adolescent Mental Health, November 2014, Bucharest, Romania

Dobrescu I., Rad F., Anghel C.G., Petrescu-Ghenea C., Mihailescu I. *Autistic Spectrum Disorder from Kanner to DSM 5*. (Co-author – Oral Communication)

WPA 2015 Bucharest International Congress. 24-27 June 2015, Bucharest, Romania

Ladea M, Mateescu L, Bran M, Rad F, Anghel CG, Mihailescu I, Petrescu-Ghenea C, Abzait A, Coman M, Dobrescu I. *Anxiety and Depression in the Perinatal Period in Bucharest*. (Co-author – Oral communication)

Mihailescu I, Kobylinska L, Petrescu-Ghenea C, Botezatu S, Anghel CG, Mateescu L, Rad F, Dobrescu I. *DIVA 2.0 Results among Parents of Children with ADHD*. (Author – Oral Communication)

Rad F, Mihailescu I, Tocaci GA, Buica A, Dobrescu I. *The Presence of ADHD Symptoms in Parents of Children with Autism Spectrum Disorder Comorbid with ADHD and its Influence on Child Outcome*. (Co-author – Poster presentation)

Campean M, Petrescu-Ghenea C, Trușescu C, Mihailescu I, Anghel CG, Rad F, Mateescu L, Kobylinska L, Campean N, Dobrescu I. *Approach of Somatic Disorders in the Pediatric Population of Galați County*. (Co-author – Poster Presentation)

Coman-Berciu M, Abzait A, Mihailescu I, Constantin I, Mateescu L. *Comorbidity and Functional Impairments for Children with ADHD*. (Coauthor – Poster Presentation)  
<http://www.wpa2015bucharest.org>

The 28th European ECNP Congress, 2015, Amsterdam. Abstract in European Neuropsychopharmacology, vol 25, supl 2, pag S637

Paraipan C, Mihailescu I, Rad F, Dobrescu I. *Sleep Patterns in children with autism spectrum disorder – a comparative study with a general pediatric population*. (Co-author – Poster Presentation)

The 2nd Conference of the Romanian Association of Pediatric Neurology with international participation, November 2015, Bucharest, Romania

Dobrescu, I., Mihailescu, I., Paraipan, C., Petrescu Ghenea, C., Anghel, C.G., Rad, F. *Autistic spectrum disorder – Epilepsy – Epileptiform discharge*. (Co-author – Oral Communication)

The 12th National Congress of Pediatric, September 2015, Timisoara, Romania  
Dobrescu, I., Anghel, C., Petrescu Ghenea, C., Mihailescu, I., Mateescu, L., Rad, F.  
*Stem Cell hypothesis and Autistic Spectrum Disorder.* (Co-author – Oral communication)

The XII National Conference of Child and Adolescent Mental Health, October 2015,  
Bucharest, Romania  
Grozăvescu R, Mihailescu I, Popa C. *Neurobiology and executive functions in  
ADHD.* (Co-author – Oral communication)  
Mihailescu I., Grozăvescu R., Popa C., Gheorghică L., Iliescu E., Ionescu H.,  
Sprinceană M., Grosu I. *Narcolepsy and autism spectrum disorder: case presentation.*  
(Author – Poster Presentation)

The 29th European ECNP Congress, Viena, 2016. Abstract in European  
Neuropsychopharmacology, vol 26, supl 2, pag S206L  
Kobylinska L, Gabreanu G, Simion A, Mihailescu I, Anghel C, Rad F, Mocanu I,  
Nedelcu C, Dobrescu I, Neagu I, Zagrean L. Measuring Orexin B values in a Romanian  
population of children with autism spectrum disorder. (Co-author – Poster presentation)  
[https://www.ecnp.eu/about-ecnp/history/past-ecnp-meetings/past-  
congresses/Vienna2016/provisional\\_programme.aspx#](https://www.ecnp.eu/about-ecnp/history/past-ecnp-meetings/past-congresses/Vienna2016/provisional_programme.aspx#)

The Vth National Congress of Child and Adolescent Psychiatry, June 2016, Brasov, Romania  
Grozăvescu R, Mihailescu I, Grosu I, Popa C. Psychiatric disorders in patients with  
tuberous sclerosis. (Co-author – Poster presentation)  
Grozăvescu R, Popa C, Mihailescu I, Grosu I. Preventing aggressiveness through  
educational and behavioral techniques addressed to preschool children (Co-author – Poster  
presentation)  
Grosu I, Popa C, Mihailescu I, Grozăvescu R. Particularities of depressive disorder in  
a patient with social communication disorder. (Co-author – Poster presentation)

#### Other courses/ trainings/ seminars

6th IACAPAP Helmut Remschmidt Research Seminar  
17-22 September 2017, St. Katerina, Czech Republic  
International Association for Child and Adolescent Psychiatry and Allied Professions

Circle of Security Parenting Training  
7-10 March 2017, Bucharest, Romania  
Cooper, Hoffman & Powell, LLC

11th International Training Seminar in Child and Adolescent Psychiatry.  
25-30 May 2014, Camposamiero, Italia.  
Child Foundation

Molecular Cytogenetics Course (TDM POSDRU/81/3.2/S/588819)  
Feb – May 2013, Bucharest, Romania  
National Institute of Research Development in the Pathology Domain and Biomedical  
Sciences “Victor Babes”

“Family and Couple Psychotherapy: Scientific Validated Clinical Models”  
18- 20 Oct 2013, Bucharest, Romania  
Multicultural Association of psychology and psychotherapy.

“Autistic Spectrum Disorders: early screening, diagnosis, therapeutic options”.  
18-19 November 2013, Bucharest Romania  
Institute for Child Development

#### Projects

INCLen-Epidemiologic Research on Autism in Romania-Pilot Study  
University of Texas Health Science Center at Houston (UTHealth), Child and Adolescent  
Psychiatry Department, Carol Davila University of Medicine and pharmacy

CERO – Career profile: Romanian Researcher", grant number POSDRU/159/1.5/S/135760,  
cofinanced by the European Social Fund for Sectoral Operational Programme Human  
Resources Development 2007- 2013

## **Memberships**

2014 – present: Vice-president of the Romanian Association of Perinatal Psychology and psychiatry

2013- present: Member of the editorial board of the Romanian Journal of Child and Adolescent Psychiatry

2013 - present: member of the Romanian Association of Child and Adolescent Psychiatry and Allied Professions

2013 - present: member of the Romanian Association of Psychiatry and Psychotherapy

**Ilinca Mihailescu**



Date:  
09.06.2018