

# Curriculum Vitae

**Nume:** Viorela-Diana Vladoianu Artene

**Locul si data nasterii:** Bucuresti, 4.11.1979

**Limbi straine:** engleza, franceza

## Studii Preuniversitare

Colegiul National "Mihai Viteazul" Bucuresti 1994-1998

## Studii Universitare

Universitatea de Medicina si Farmacie "Carol Davila" Bucuresti, Facultatea de Medicina, Licenta Fiziokinetoterapie, 1998-2003

Universitatea de Medicina si Farmacie Targu Mures, Facultatea de Nutritie si Dietetica, Licenta Nutritie si Dietetica, 2014-2016

Universitatea Babes-Bolyai, Facultatea de Biologie, Master Stiintele Nutritiei, 2013-2015

Universitatea de Medicina si Farmacie "Carol Davila" Bucuresti, Facultatea de Medicina, Doctorat Nutritie Oncologica, 2014-2017

## Acreditari Post-Universitare

Oxford College, Acreditare Nutritionist UK, 2007-2009

Stonebridge College, Acreditare Nutritie Pediatrica UK, 2012

International Society of Sports Nutrition, Acreditare Nutritionist Sportiv, 2014

## **Activitate Profesionala**

Nutritionist-Dietetician – 2009-prezent, SC Medikin SRL

Nutritionist-Dietetician voluntar – Institutul Oncologic “Prof. Dr. Alexandru Trestioreanu”  
Bucuresti, 2014-prezent

## **Activitate de cercetare**

### *Bursa doctorala*

Concurs de proiecte in cadrul programului POSDRU/159/1.5/S/155463 „Susținerea excelenței în cercetarea științifică doctorală interdisciplinară în domeniile economic, medical și al științelor sociale”, iulie-decembrie 2015.

### *Articole publicate:*

A ARTENE, D. V., BORDEA, C. I., CROITORU, M. D., & BLIDARU, A. (2016). Beetroot and carrot juice increase the risk of thyroid nodules and hypothyroidism in breast cancer patients. *Romanian Journal of Medical Practice*, 11(3).

ARTENE, Diana V.; BORDEA, Cristian I.; BLIDARU, Alexandru. BEHAVIORAL MEDICINE SOLUTIONS FOR OVERWEIGHT AND OBESE BREAST CANCER PATIENTS WITH SLEEP DISTURBANCES. *Romanian Journal of Medical Practice*, 2016, 11.3.

### *Articole in curs de publicare:*

Comparative results of 1-year at home diet and exercise interventions in ER+ breast cancer patients correlated with treatment type. Artene DV, Bordea CI, Blidaru A – acceptat spre publicare în *Chirurgia Journal*.

A high protein diet is as effective during breast cancer chemotherapy as it is 2 years after surgery. Artene DV, Bordea CI, Blidaru A – acceptat spre publicare în *Romanian Journal of Medical Practice*

*Participare la Congrese*

**Nutrition Society Conference** – Cambridge University, septembrie 2015 – The effects of a high protein and a daily 4 minutes' isometric exercise protocol on total body weight and body composition in ER+ breast cancer patients – a prospective study.

**Central European Congress on Obesity** - Budapesta, octombrie 2015 - A high protein diet and isometric exercises decrease visceral fat in ER+ breast cancer patients treated with Tamoxifen

**International Nutrition and Diagnostics Conference** - Praga, octombrie 2015 - A high protein diet and isometric exercises improve body composition in ER+ breast cancer patients treated with antiestrogenic medication

**Breast Cancer International Conference** - București, octombrie 2015 - Oncology Nutrition - Sounds familiar?

**European Federation of the Associations of Dietitians Conference** – Amsterdam, octombrie 2015 - Therapeutic and individual factors that influence oncology nutrition efficiency in breast cancer patients

**Sarcopenic Obesity, Muscle Waste and Cachexia Conference organized by SCWD** - Paris, decembrie 2015 - A high protein diet can decrease body fat and prevent muscle loss during breast cancer chemotherapy

**Roles of sleep and circadian rhythms in the origin and nutritional management of obesity and metabolic disease Conference organized by Royal Society of Medicine** - Londra, decembrie 2015 - Behavioral medicine solutions for overweight and obese breast cancer patients with sleep disturbances

**Breast Cancer International Conference** – București, octombrie 2016 - Factors that influence patients' compliance to dietary recommendations

**Breastanbul** - Istanbul, noiembrie 2016 - Results of 1-year at home diet and exercises in ER+ breast cancer patients correlated with treatment type

**CONFER** - Iasi, noiembrie 2016 - A moderately high protein diet efficiency during ER+/PR±/HER2 breast cancer chemotherapy

**Breast, Gynecological & Immunooncology International Cancer Conference** - Cairo, ianuarie 2017 - Personalised Oncology Nutrition

**International Congress on Nutrition & Health** – Berlin, februarie 2017 - Beetroot and carrot juice increase the risk of thyroid nodules and hypothyroidism in breast cancer patients.

### **Carti publicate**

**5 Gears Diet** – 2013 – ghid de scadere a adipozitatii fara pierdere de masa musculara prin reglarea rezistentei la insulina si a rezistentei la leptina.

**Nutrition Guide for Mums** – 2013 – ghid de nutritie pediatria profilactica

**The Old Chocolate Diet** – 2014 – ghid de neurofiziologia comportamentului alimentar gandit pentru persoanele care mananca emotional.

### **Afilieri**

**American Society of Nutrition**, reviewer jurnal Advances in Nutrition, 2014 - prezent

**International Society of Sports Nutrition**, nutritionist sportiv certificat international, 2014 - prezent

**European Federation of the Associations of Dietitians**, membru acreditat ESDN Oncology Network, 2015 - prezent

**Data**

10.03.2017

**Nutritionist-Dietetician**

**Viorela-Diana Vladoianu Artene**

